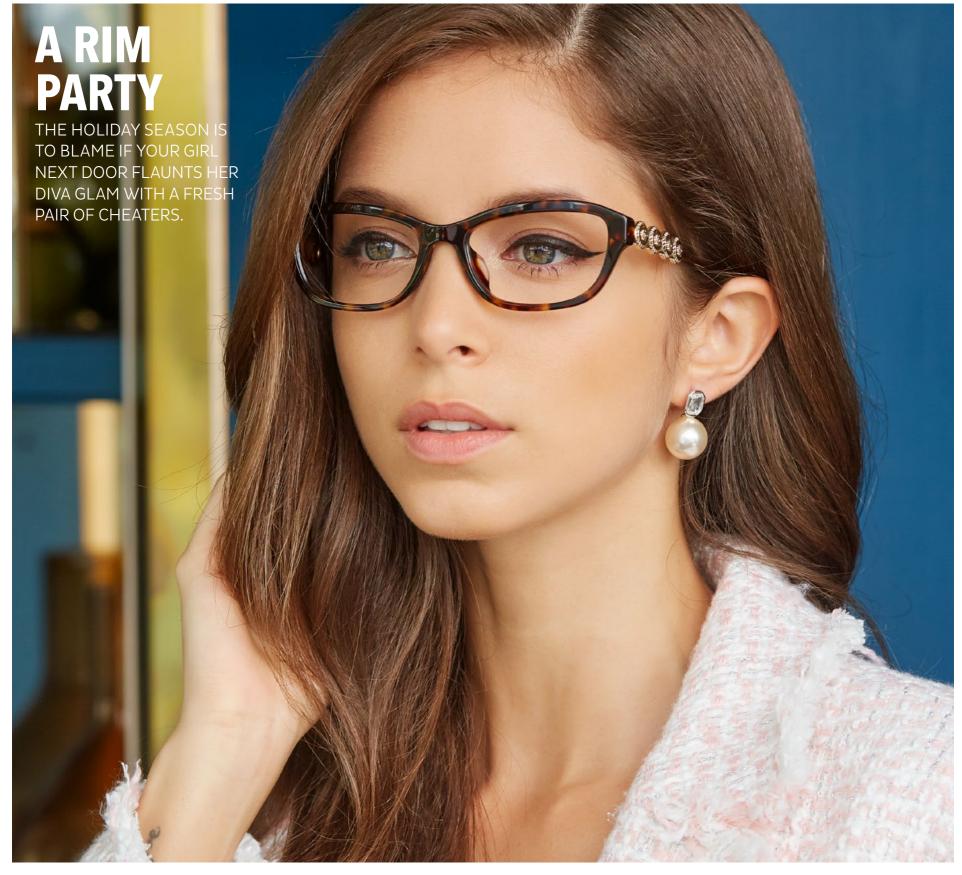
## EYEGLAMOUR

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FRAMES FOR THE HIPPIE HEADS

WHAT IS COLOUR BLIND, REALLY?



GOT FRAME?



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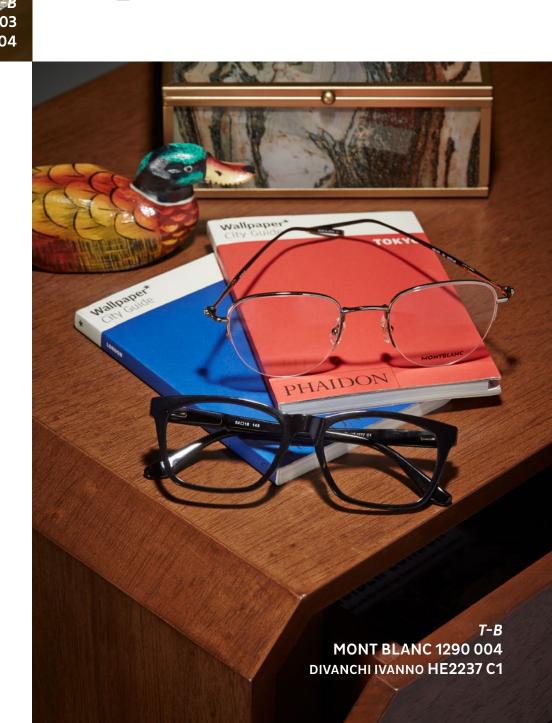






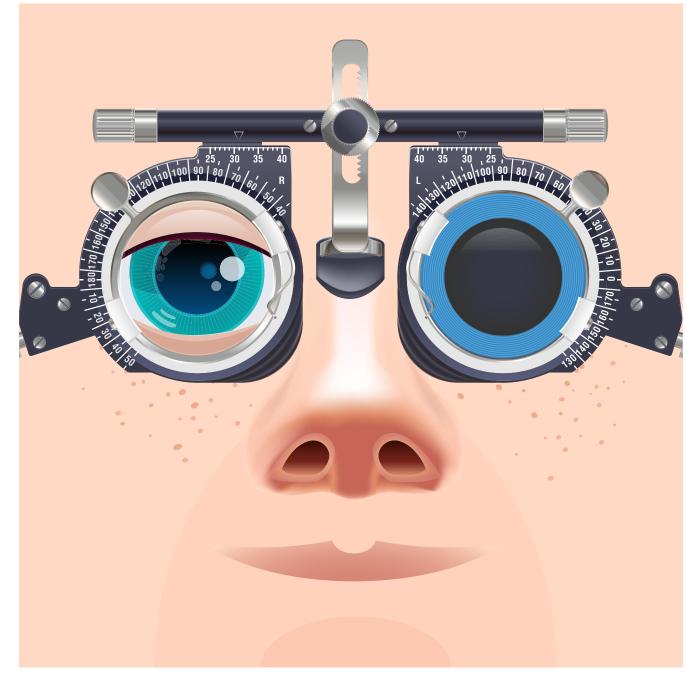
# TRUE COLOURS

## GEEK SLEEK



EYE CARE FOR YOU

EVENT



## ARE YOU COLOUR BLIND?

#### What is colour blindness?

Colour vision deficiency or commonly termed as colour blindness is the incapability to differentiate certain shades of colour, ranging from mild to severe depending on the condition. The most common misperception among the public is that people with colour blindness only see shades of black and white, which can be true, albeit super rare.

#### What does a colour blind person actually sees?

There are three types of colour vision deficiency:

- Monochromat or total colour vision deficiency is very rare and labelled as the most severe form where one can only perceive black, grey and white tones.
- Dichromat is a moderately severe form where one can either be protanopia (incapable to perceive red

colour), deuteranopia (incapable to perceive green colour) or tritanopia (incapable to perceive blue colour).

 Anomalous Trichhromat is the most common type where one can either be protanomaly (red looks greener and less bright), deuteranomaly (green looks redder), or tritanomaly (difficulty in distinguishing between blue-green and yellow-red).

#### How can a person be colour blind?

There are two possible causes of colour vision deficiency:

congenital — Colour vision deficiency is typically inherited or genetically passed on from parents to their children, with men having higher risk of colour deficiency at five to ten percent more than women. The most common type of congenital colour vision deficiency is red and green deficiency.

 Acquired — One may develop colour vision deficiency later in life due to underlying health conditions (diabetes, glaucoma, age-related macular degeneration and multiple sclerosis), side effects of medication (digoxin, ethambutol, chloroquine, hydroxychloroquine, phenytoin and sildenafil), exposure to harmful chemicals (carbon disulfide and styrene) and injuries that damage the optic nerve or retina.

#### Is colour vision important?

Yes. Colours are vital in many aspects of our daily life — to identify, to choose, to study, to watch, to shop, to drive, and more. In fact, some jobs and careers involve some degree of colour identification. Colours also play a special part in the children's world as it aids in their learning process.

#### How to treat colour blindness?

Although there is no cure for inherited colour deficiency, those who acquired it may treat the cause that led to one's colour vision deficiency, which can improve their colour vision provided that there is no damage involving the optic nerve or retina. Alternatively, one can opt to use specially tinted, filtered eye glasses or contact lens to enhance colour perceptions and the ability to distinguish between colours better. They can also organize and label coloured objects with the help of family and friends to remember or recognise the order of things, rather than by its colour.

Are you having trouble distinguishing certain colours or at doubt as to whether you are colour blind? Fret not! Seek advice from your optometrist or ophthalmologist. We will perform a thorough eye examination, get a family history and determine if you have some form of colour blindness. We will always be there whenever you need us for your vision needs and eye care.



NIK MOHAMED ZULHAYIZ BIN ZULKIFLI
Optometrist
B. Optom (Hons) UiTM
Focus Point Sky Avenue Genting

























#### WHY CARE ABOUT EYE CARE?

Focus Point redefines the public's perception towards eye health in this digital age through its "Hope In Sight" campaign.

On its mighty mission to educate the importance of maintaining good eye health, Focus Point Vision Care Group Sdn Bhd under Focus Point Holdings Berhad (Focus Point) decked out an informative roadshow for public participation in conjunction with World Sight Day 2020.

The largest optical retail chain store in the country has doubled up its forces with Carl Zeiss Vision Malaysia for this campaign by offering selected vision screening tests for the public using the most advanced equipment. With proper consultation from their Eye Care Professionals, they lend their expertise to help eye examiners decide on whether they require vision correction. The roadshow sees myriads of fashionable eyewear alongside redeemable Care Kit and copies of World Sight Day booklet which elaborates on myopia management, visual hygiene, common myths about contact lenses among other insightful articles.

Using World Sight Day 2020 as an awareness platform, Focus Point aims to shed some light on the significance of going for a regular

eye examination to detect pre-existing eye conditions. This is to potentially save one's eyesight, since many eye conditions are more treatable and economically manageable during the early stages. Studies have also proven that eye examination assists children to develop important vision skills such as eye-hand coordination, visual perception, eye focusing and tracking, on top of visual acuity.

As people are heavily relying on digital media in this digital age, the exposure to harmful blue light is higher than ever. This has resulted in an alarming increase of eye conditions such as myopia, especially among children and young adults. At the current global prevalence rate of myopia being at 30%, it is estimated to shoot up to 50% by 2050. The esteemed brand believes that eye health has never been more important in this modernized era. Committed to providing consumers with the best vision care and eyewear services, Focus Point strives to raise awareness about vision blindness while making eye and vision care more accessible to the community.





















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We spend hours every day on screens: phones, computers, TVs and VRs. We are living in an intense visual life. Our eyes are processing more with constant adjustment from the light and glare of screens.

We look for experiences that enrich our life through clear vision. With Bausch + Lomb ULTRA™, you can enjoy all day eye comfort in true clarity that enables you to experience the world in detail.

## ULTRA COMFORT TO SEE EVERY DETAILS



MoistureSeal® technology helps prevent lens dryness<sup>1,2</sup>



Helps maintain 95% of lens moisture for a full 16 hours<sup>1,2</sup>





Provides clear end-of-day vision for digital device users<sup>3</sup>





A new generation of silicone hydrogel for healthier eyes<sup>4,5,6</sup>

1. Data on file. (2013) 16-Hour, Bilateral, Dispensing Clinical Evaluation of Methacrylamide Lenses as Compared to Air Optix Aqua, Acuvue Oasys & Biofinity Lenses. ROC2-13-002. 2nd May. 2. Data on file. (2013) MoistureSeal® Support Memo. 27th May. 3. Steffan, R., et al. (2014). Clinical Performance of Samfilcon A Silicone Hydrogel Contact Lenses. Contact Lens Spectrum, Special Edition, 30-38. 4. Results from a 7-investigator, multi-site 2-week study of Bausch + Lomb ULTRA® for Astigmatism contact lenses on 157 current soft contact lens wearers. 5. B+L unpublished data, 2013. 16-hour, bilateral, dispensing clinical evaluation of methacrylamide lenses as compared to Air Optix Aqua, Acuvue Oasys and Biofinity. 6. Hoyt, C. (1985). Critical oxygen levels to avoid corneal edema for daily and extended wear contact lenses. Survey Of Optitalmology 30(1), 66-67, doi: 10.1016/0039-6257(85)90097-9. ULC.0015.MY.20

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